

fecund events

actors, presentations and ideas for marketing, conferences and events

DELIVERING BEYOND YOURSELF

Break through the barriers that restrain your vitality, discover the formula for superior communication and influencing skills

Who is it for?

If you need an exceptional motivational breakout session then this highly original and fun interactive session is ideal for ambitious companies who want their personnel to achieve more and feel more alive, empowered and satisfied at work.

What is it about?

One of our most popular training programmes, Delivering Beyond Yourself is now available as an motivational breakout session or full day course for events, seminars and away days.

Lead by expert trainers, this session gently encourages people out of their comfort zone using fun and interactive physical games and demonstrations.

Informative and entertaining it imparts unique and highly effective communication skills and enables participants to discover inner strengths and explore just how much better and more effective you can be at work. Empowering and inspirational, it enables participants to reach a new level of job satisfaction, confidence and productivity.

Offer your employees the opportunity to silence the inner voice of doubt that says "you can't"!

What do participants get from it?

- HOW TO DELIVER BEYOND YOURSELF– not being afraid of failure. How to neutralise fear
- HOW TO HAVE COURAGE – what helps us fight for it? Understanding tenacity and how to "play"
- OPEN YOUR POTENTIAL – learn how to be open. How to risk your imaginative self
- HOW TO BE MORE – what helps us take responsibility? Exploring your legacy
- FECUND'S UNIQUE COMMUNICATION SKILLS

"The best course I have been on in 20 years. Life changing"
Robert Spearpoint, Homechoice

Duration: 3hr – 1day

Technical requirements: Stereo

Want to book or find out more?

Call Helen Hodge on **0207 575 3164** or email helenh@fecund.co.uk
Details of all our products are available at www.fecund.co.uk

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