

# fecund training

## and personal development

### MANLINESS IN THE WORKPLACE

*A refreshing spin on leadership and assertiveness celebrating all that is best about traditional masculine values and how they can help everyone energise the way they work.*

#### Who is it for?

Anyone who needs to lead or inspire and who wants to re-invigorate how they approach to their working day by being more direct, brave and daring.

#### What is it about?

This course will unlock the dynamic behaviours you need to face all work tasks with assertiveness and an ability to take calculated risks. You'll be able to lead by example, inspire and tackle even the most daunting situations fearlessly.

#### Course overview

- MAKING THE FIRST MOVE – how to solve problems as soon as they arise using positive and dynamic energy
- GETTING STUCK IN – being able to meet and resolve conflict head on
- ENJOYING THE CHALLENGE – embrace the necessity of RISK in business
- WALKING THE WALK – techniques and attitudes to present a positive, confident image
- STRAIGHT TALKING – acquire the skills to be strong and honest in difficult situations – giving bad news, negotiations, appraisals
- TAKING RESPONSIBILITY – learn to stop moaning, and start coming up with solutions
- BEING FEARLESS – how to be comfortable with risk – you can hate to fail but don't fear failure

#### What do I get out of it?

- Increase your assertiveness in all work scenarios
- Develop your leadership skills and find new ways to motivate and inspire people
- Harness the dynamic potential of positive energy to work harder, faster and more effectively
- Be able to embrace risk and change and approach difficult tasks without fear

#### Want to book or find out more?

To book a session, for more information about any of our courses, or to come to one of our free **monthly Taster Sessions** call **020 7575 3164** or email [ian@fecund.co.uk](mailto:ian@fecund.co.uk)  
Details of all our courses are available at [www.fecund.co.uk](http://www.fecund.co.uk)

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